



TRANSITION *Focus*

A newsletter for families and individuals facing the transition process: Summer 2017

“Working for a community for all”

What do the youth say about the Transition to Adulthood?

Recently, at the **North Shore Youth Transition Fair** held in April 2017 titled, **“If I knew then what I know now”**, *three youth panelists who live with disabilities spoke up about their personal experience with the transition process. This is what they said helped them move forward and what they want to see more of.....



*Thanks to Jodi, Katrina and Shayne for speaking on the youth panel at the NS Youth Transition Fair in April

WHAT IS HAPPENING in the COMMUNITY FOR YOUTH LEADERSHIP.....

- **All Abilities, Connected Communities:** A Leadership Course for Youth with Disabilities ages 16-29. To learn more contact Iris at <http://www.peernetbc.com/>
- **Leadership training and opportunities:** several organizations have developed youth leadership roles such as Inclusion BC, PeerNet BC & North Shore Disability Resource Centre
- **Disabled Community Connection Network (DCCN):** is a monthly connection and information sharing group for people of all ages (16+) with any disability. Come out and hear speakers on topics relevant to you. Share your experiences through lively, peer facilitated discussion. Please register by emailing s.klassen@nsdrc.org or calling 604-904-4088. Please let us know of any accommodations you require.
- **Job Clubs: North Shore Disability Resource Centre- Fall, Winter & Spring Job Clubs:** g.kopperson@nsdrc.org and at PosAbilities: <http://pesworks.ca/>
- **Disability Pride:** 2017 = summer of #[disabilitypride](https://t.co/XWCeBILNb6) Visit disabilitypride.ca for events across BC, grants, to list an event & advice... <https://t.co/XWCeBILNb6>
- **Self-Advocacy: Training and workshops:** The ESATTA Co-op (Empowering Self-Advocates to Take Action) provides workshops and training across BC for self-advocates and staff. They have covered topics on self-esteem, internet safety, loneliness, barriers faced in everyday life, personal and supported decision making, staying healthy physically and mentally, and building confidence to help with finding employment. If you are interested in ESATTA training sessions, creating a custom made workshop for your agency or group, or if you have any questions, contact esatta.coop@gmail.com
- **Inclusion BC Conference: three day conference in June and held in BC:** Inclusion BC's annual event is Canada's leading forum for inspiration, sharing and learning on intellectual disability, human rights and inclusion. kdelong@inclusionbc.org, 604-777-9100 x 530. Self-advocates are strongly encouraged to participate.
- **North Shore Youth Transition Committee and annual Transition Fair (April or May):** An information sharing fair for youth and their families with information, resources and panel speakers. The committee invites youth with disabilities to join us, bring their voice to the table and to take part in planning the annual Transition Fair. Contact g.kopperson@nsdrc.org



HOW CAN YOUNG PEOPLE GET STARTED WITH TRANSITION WORK?



- Learn a bus route (with support if necessary)
- Do regular chores around the house; start with one and add more as they become better at it
- Get involved in extra -curricular activities at school and in the community such as music, sports, toastmasters and volunteering
- Join a youth group

*NSDRC Parent & Youth Events (PYE) Registration required -Contact: g.kopperson@nsdrc.org

September TBA	Youth Forum: It's my life	Announcement will be sent out	NSDRC 3158 Mountain Hwy
October TBA	RDSPs	“ “	NSDRC 3158 Mountain Hwy
November TBA	Accessing Services	“ “	NSDRC 3158 Mountain Hwy

*The North Shore Disability Resource Centre gratefully acknowledges the support of the *District of West Vancouver*, the *City of North Vancouver* and the *District of North Vancouver* through their Community Grants programs for the parent information events.

Do you have questions about planning for your child's transition to adulthood?
Contact Glenda Kopperson: Transition and Employment Facilitator at the NSDRC.
604 904-4075 or g.kopperson@nsdrc.org



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