

The North Shore Disability Resource Centre

FORM 921.0A

S.M.A.R.T. GOAL PLAN

*The small steps you need to take to get where you want to go.*

PWS	
Support Worker	
Date	

*Life Functioning Area (check one box):*

Social Support Network/ Community Involvement <input type="checkbox"/>	Skill Development <input type="checkbox"/>	Volunteer <input type="checkbox"/>
Independence <input type="checkbox"/>	Health <input type="checkbox"/>	Employment <input type="checkbox"/>

**S.M.A.R.T. Goal** (*Specific, Measurable, Achievable, Realistic, Time Limited*):

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*Steps to Achieve S.M.A.R.T. Goal*

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S.M.A.R.T Goal Barriers?

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*Person we support signature*

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*CBS support worker signature*

Reviewed by Team Leader  Reviewed by Director