

## Employment Resources on the North Shore

### **Introduction:**

*Although this list is not necessarily complete or exhaustive by any means, it provides great detailed information about different in-class work experience programs, community resources, and online resources. Hope you'll find this informative and if you find any resources in the community or online that are not mentioned on this list, please feel free to explore them!*

Employment programs for People We Support (combines in-class instruction with practical work experience)

**Capilano University** (2055 Purcell Way)

#### **1) Access to Work Program:**

- 21-week program for students who need extra support to be successful in the workplace
- Tuition-free (only admission and minor fees required)
- 50% classroom; 50% work experience
- Development of practical work skills required in all employment situations

<http://www.capilanou.ca/programs/access/skills.html>

#### **2) Discover Employability Program (formerly Alternative Career Training Program):**

- 8-month transitional program for students moving from high school to a post-secondary and/or workplace environment
- Designed for young adults with special needs
- Tuition-free (only admission and minor fees required)

<http://www.capilanou.ca/programs/access/discover.html>

**ConneXions Employment Program (North Shore ConneXions Society)** (1070 Roosevelt Crescent)

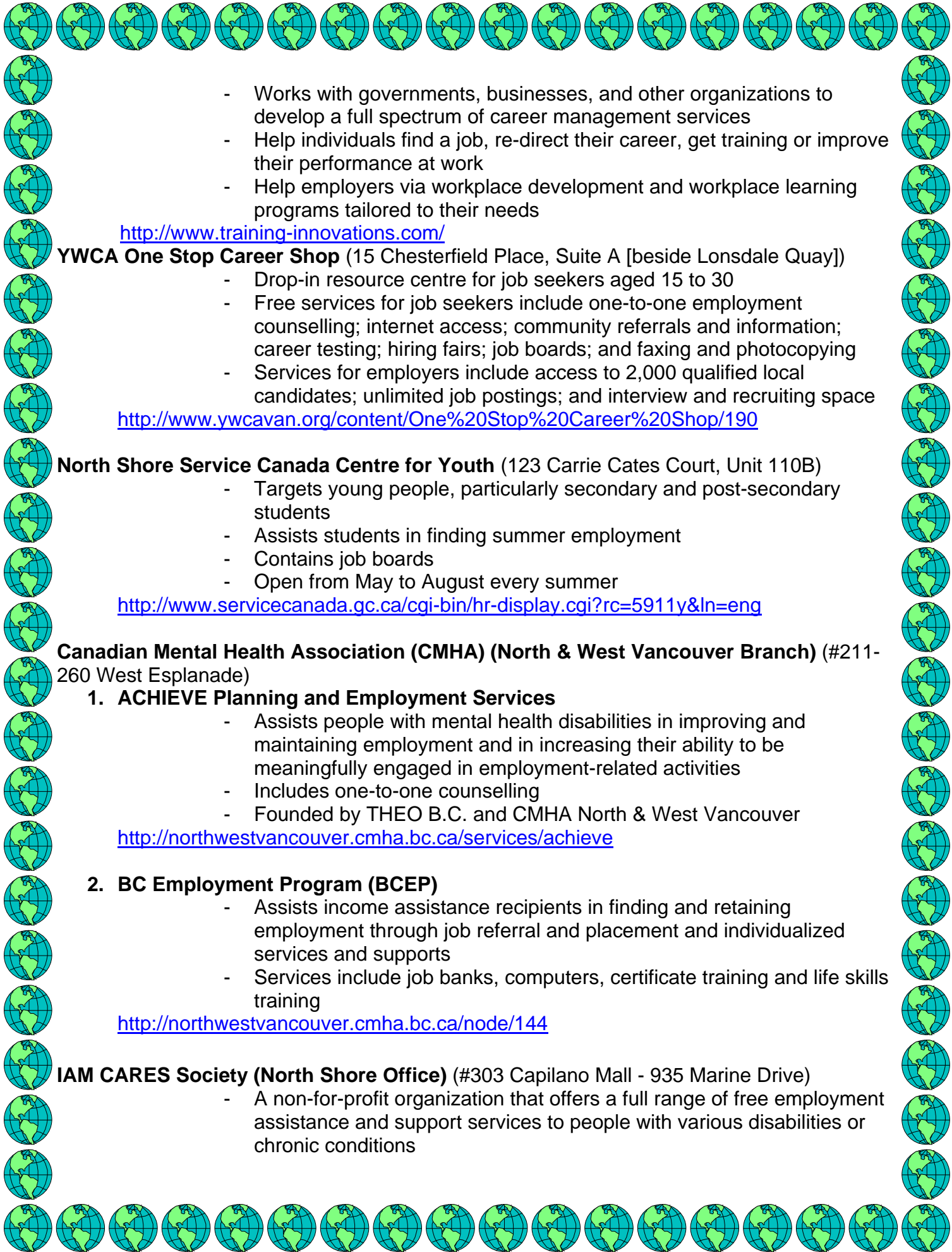
- Assists people with developmental disability in finding and retaining quality employment
- Assist job seekers with career exploration, job development, on the job coaching, and follow up support once a participant has found a successful job match
- Funded by Community Living BC and is free of charge to participants and employers

<http://nsconnexions.org/programs/employment-connexions>

Community Resources

**Training Innovations (North Shore Office)** (207 - 255 West 1st Street)

- Started in 1992 to address the career development needs of individuals, as well as the human capital challenges of employers

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- Works with governments, businesses, and other organizations to develop a full spectrum of career management services
  - Help individuals find a job, re-direct their career, get training or improve their performance at work
  - Help employers via workplace development and workplace learning programs tailored to their needs

<http://www.training-innovations.com/>

**YWCA One Stop Career Shop** (15 Chesterfield Place, Suite A [beside Lonsdale Quay])

- Drop-in resource centre for job seekers aged 15 to 30
- Free services for job seekers include one-to-one employment counselling; internet access; community referrals and information; career testing; hiring fairs; job boards; and faxing and photocopying
- Services for employers include access to 2,000 qualified local candidates; unlimited job postings; and interview and recruiting space

<http://www.ywcavan.org/content/One%20Stop%20Career%20Shop/190>

**North Shore Service Canada Centre for Youth** (123 Carrie Cates Court, Unit 110B)

- Targets young people, particularly secondary and post-secondary students
- Assists students in finding summer employment
- Contains job boards
- Open from May to August every summer

<http://www.servicecanada.gc.ca/cgi-bin/hr-display.cgi?rc=5911y&ln=eng>

**Canadian Mental Health Association (CMHA) (North & West Vancouver Branch)** (#211-260 West Esplanade)

**1. ACHIEVE Planning and Employment Services**

- Assists people with mental health disabilities in improving and maintaining employment and in increasing their ability to be meaningfully engaged in employment-related activities
- Includes one-to-one counselling
- Founded by THEO B.C. and CMHA North & West Vancouver

<http://northwestvancouver.cmha.bc.ca/services/achieve>

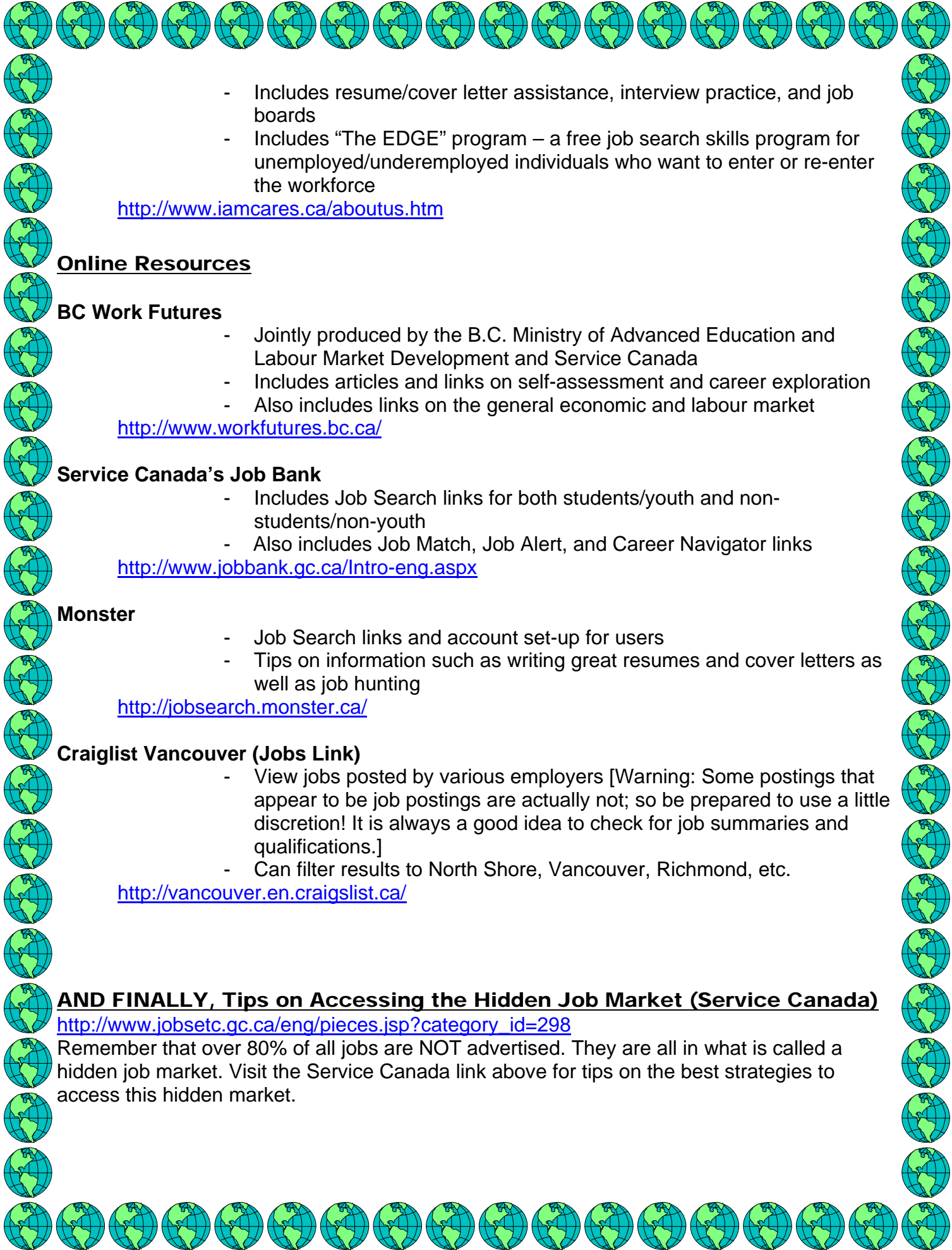
**2. BC Employment Program (BCEP)**

- Assists income assistance recipients in finding and retaining employment through job referral and placement and individualized services and supports
- Services include job banks, computers, certificate training and life skills training

<http://northwestvancouver.cmha.bc.ca/node/144>

**IAM CARES Society (North Shore Office)** (#303 Capilano Mall - 935 Marine Drive)

- A non-for-profit organization that offers a full range of free employment assistance and support services to people with various disabilities or chronic conditions

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- Includes resume/cover letter assistance, interview practice, and job boards
  - Includes “The EDGE” program – a free job search skills program for unemployed/underemployed individuals who want to enter or re-enter the workforce

<http://www.iamcares.ca/aboutus.htm>

### Online Resources

#### **BC Work Futures**

- Jointly produced by the B.C. Ministry of Advanced Education and Labour Market Development and Service Canada
- Includes articles and links on self-assessment and career exploration
- Also includes links on the general economic and labour market

<http://www.workfutures.bc.ca/>

#### **Service Canada’s Job Bank**

- Includes Job Search links for both students/youth and non-students/non-youth
- Also includes Job Match, Job Alert, and Career Navigator links

<http://www.jobbank.gc.ca/Intro-eng.aspx>

#### **Monster**

- Job Search links and account set-up for users
- Tips on information such as writing great resumes and cover letters as well as job hunting

<http://jobsearch.monster.ca/>

#### **Craigslist Vancouver (Jobs Link)**

- View jobs posted by various employers [Warning: Some postings that appear to be job postings are actually not; so be prepared to use a little discretion! It is always a good idea to check for job summaries and qualifications.]
- Can filter results to North Shore, Vancouver, Richmond, etc.

<http://vancouver.en.craigslist.ca/>

#### AND FINALLY, Tips on Accessing the Hidden Job Market (Service Canada)

[http://www.jobsetc.gc.ca/eng/pieces.jsp?category\\_id=298](http://www.jobsetc.gc.ca/eng/pieces.jsp?category_id=298)

Remember that over 80% of all jobs are NOT advertised. They are all in what is called a hidden job market. Visit the Service Canada link above for tips on the best strategies to access this hidden market.