

**For Immediate Release
Media Release**

**NORTH SHORE DISABILITY RESOURCE CENTRE MT. KILIMANJARO TEAM
BREAK A WORLD RECORD**

BROCK METCALF BECOMES FIRST PERSON TO REACH 19,000 FEET IN A TRAILRIDER©

North Vancouver, B.C., February 22, 2006 - On February 16 2006, Brock Metcalf made history when he became the first person to reach Stella Point at 19,000 feet on Mt. Kilimanjaro in a Trailrider© - a revolutionary, lightweight adapted wheelchair. Brock was assisted by his dedicated team members Jordan Kerton, Paul Blair, Luke Kerton and Andrew Starovoytov of the North Shore Disability Resource Centre's (NSDRC) Climbing Team.

Brock and his team were part of the Climb for Community Living, a provincial initiative by the BC Association for Community Living (BCACL) and 16 member associations that support children, youth and adults with developmental and physical disabilities and their families from across British Columbia. The expedition team consisted of forty-three climbers, 19 people with developmental and physical disabilities and their support climbers. The Climb for Community Living project is a public awareness and fundraising project designed to highlight the abilities of people with developmental and physical disabilities, to promote the importance of inclusion in our communities and to raise funds to support programs and services in local communities.

The journey began on Friday, February 10, 2006 and after seven days of a grueling and very challenging climb, Brock and his team reached Stella Point, the original summit of Mt. Kilimanjaro. Brock had developed altitude sickness which quickly worsened, forcing his team to move him down to the Millennium Camp at 10,000 feet as quickly as possible, where he soon recovered. Thirty others of the group went on to reach Uhuru Point at 19,341 feet.

Wally Berg, expedition team leader from Berg Adventures International, recorded his thoughts about Brock at 19,000 feet in an audio dispatch from Kilimanjaro. "Brock's experiences on the mountain this week have given me a deeper appreciation of why I climb. I told him a few minutes ago he's my brother and a man that I admire more than anyone else I know now. I know a mountaineer's passion in their eyes and I see it day in and day out in Brock Metcalf. We have been brothers in our efforts here and I know a lot of other people feel that way."

Brock Metcalf, a North Vancouver, BC resident was born June 8, 1986 with Cerebral Palsy. Though Brock has a complex physical disability he enjoys living an active lifestyle and has been involved in many different sports ranging from adaptive skiing to sailing and hiking. When the NSDRC heard that it was Brock's dream to climb a mountain, he was chosen to represent the NSDRC in the Climb for Community Living. We look very forward to welcoming Brock and his team home from Tanzania on Thursday, February 22, 2006 arriving at the Vancouver International Airport at 11:40 am.

Live audio dispatches and photographs available online at www.bcacl.org/Mount_Kilimanjaro.

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